

## **MA in Counseling**

### **3 Specializations**

- 1. Marriage and Family Therapy (MFT)**
  - COAMFTE Curriculum
  - California LMFT Curriculum
  - General MFT(Non-Licensure) Curriculum
- 2. Imago Relationship Therapy (IRT)**
- 3. Human Sexuality and Sex Therapy (HST)**

## **Ph.D. in Counseling**

### **3 Specializations**

- 1. Marriage and Family Therapy (MFT)**
  - COAMFTE Curriculum
  - General MFT (Non-COAMFTE) Curriculum
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**MA in Counseling with a Specialization in Marriage and Family Therapy**

## A. COAMFTE MFT Curriculum

<b>Required Quarter Credits: 90</b> <b>( Equivalent to 60 Semester Credits)</b>	
Course Titles	Credits
<b>MAC Program Core Courses</b>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
<b>COAMFTE Required Courses</b>	
CFT 6040: Group Therapy Process and Techniques	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6600: Law, Professional Ethics, and Community Practice	4.5
HST 6000: Human Sexuality Education I	4.5
CFT 6090: Human Growth and Family Development Across the Life Span	4.5
<b>MAC General Electives</b>	18 (4)
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	22.5 (5)
CFT 7900A: Practicum in Couples and Family Therapy	4.5 (1)
1. 300 Clinical hrs (100 hrs of Relational Cases) 2. 100 Supervision <ul style="list-style-type: none"> <li>• 50 hours: Raw data at least (e.g., audio, video, etc.)</li> <li>• Group Supervision: Up to 8 people, Individual Supervision: Up to 2 people.</li> </ul>	
<b>Total Credits</b>	<b>90</b>

## B. California State LMFT

<b>Required Quarter Credits: 90</b> <b>(Equivalent to 60 Semester Credits)</b>
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Course Titles	Credits
<b>MAC Program Core Courses</b>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
<b>California LMFT Required Courses</b>	
HST 6000: Human Sexuality Education I	4.5
CFT 6020: Advanced Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6040: Group Therapy Process and Techniques	4.5
CFT 6070: Psychopharmacology& Community Mental Health Counseling	4.5
CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
CFT 6090: Human Growth and Family Development Across the Life Span	4.5
CFT 6500: Chemical Dependency and Addiction Counseling	4.5
CFT 6600: Law, Professional Ethics, and Community Practice	4.5
CFT 6700: Abuse, Trauma and Collaborative Care	4.5
Elective	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	13.5 (3)
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5 (1)

<p><b>CA LMFT</b></p> <p>1. 225 Clinical hours : A minimum number of 225 hours of face-to-face experience therapy with individuals, couples, families, or groups (up to 75 hours may be gained performing client centered advocacy)</p> <p>2. A minimum of 9 quarter credits of supervised internship coursework</p>	<p><b>Option 1</b></p> <p><b>CA LMFT</b></p>
<p><b>COAMFTE</b></p> <p>1. 300 Clinical hours) : A minimum number of 300 hours of face-to-face experience therapy with individuals, couples, families, or groups (up to 75 hours may be gained performing client centered advocacy)</p> <p>2. A minimum of 22.5 quarter credits of supervised internship coursework</p>	<p><b>Option 2</b></p> <p><b>COAMFTE</b></p>
<p style="text-align: center;"><b>Total Credits</b></p>	<p style="text-align: center;"><b>90</b></p>

### C. General MFT (Non-Licensure)

Required Quarter Credits: 90 (Equivalent to 60 Semester Credits)	
Course Titles	Credits
<b>MAC Program Core Courses</b>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
<b>MFT Required Courses</b>	
CFT 6040: Group Therapy Process and Techniques	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6600: Law, Professional Ethics, and Community Practice	4.5
HST 6000: Human Sexuality Education I	4.5
CFT 6090: Human Growth and Family Development Across the Life Span	4.5
<b>MAC General Electives</b>	31.5 (7)
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5 (1)
1. 100 Clinical hrs (50hrs of Relational Cases) 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.)	
<b>Total Credits</b>	<b>90</b>

## MA in Counseling with a Specialization in Imago Relationship Therapy (IRT)

<b>Required Quarter Credits: 90</b> <b>(Equivalent to 60 Semester Credits)</b>
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Course Titles	Credits
<b>MAC Program Core Courses</b>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
<b>MAC Specialization Core Courses</b>	
CFT 6040: Group Therapy Process and Techniques	4.5
CFT 6030: Couples Relationship Therapy	4.5
IRT 7100: Foundations of Imago Relationship Therapy	4.5
IRT 7200: Advanced Imago Relationship Therapy	4.5
IRT 7500: Clinical Training: Imago Relationship Therapy	9
HST 6000: Human Sexuality Education I	4.5
<b>MAC General Electives</b>	<b>22.5</b>
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5
1. 100 Imago Relationship Therapy Clinical hours : A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups. 2. 50 Supervision hours: 25 hrs Raw data at least (e.g., audio, video, etc.)	
<b>Total Credits</b>	<b>90</b>

## MA in Counseling with a Specialization in Human Sexuality and Sex Therapy (HST)

<b>Required Quarter Credits: 90</b> <b>(Equivalent to 60 Semester Credits)</b>
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Course Titles	Credits
<b>MAC Program Core Courses</b>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
<b>MAC Specialization Core Courses</b>	
CFT 6030: Couples Relationship Therapy	4.5
HST 6000: Human Sexuality Education I	4.5
HST 6100: Human Sexuality Education II	4.5
HST 6200: Sexual Attitude Reassessment (SAR)	1.5
HST 6300: Human Sexuality and Sex Therapy Training	4.5
HST 6350: Human Sexuality and Sex Therapy Training	3
HST 6400: Human Sexuality and Sex Therapy Supervision	4.5
IRT 7100: Foundations of Imago Relationship Therapy	4.5
CFT 6040: Group Therapy Process and Techniques	4.5
<b>MAC General Electives</b>	
<b>18</b>	
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5
1. 100 Sex Therapy Clinical hours: A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups. 2.50 Supervision hours: 25 hours: Raw data at least (e.g., audio, video, etc.)	
<b>Total Credits</b>	<b>90</b>

### MAC General Electives

No.	Course Titles	Credits
1	IRT 7100: Foundations of Imago Relationship Therapy	4.5
2	IRT 7200: Advanced Imago Relationship Therapy	4.5
3	HST 6100: Human Sexuality Education II	4.5
4	CFT 6070: Psychopharmacology	4.5
5	CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
6	CFT 6100: Child, Partner, and Elder/Dependent Abuse Assessment and Intervention	4.5
7	CFT 6200: Community Mental Health Counseling	4.5
8	CFT 6500: Chemical Dependency and Addiction Counseling	4.5
9	CFT 6700: Trauma and Collaborative Care	4.5
10	IRT 8600: Relationology	3
11	CFT 8100: Cinema Story and Counseling	4.5
12	CFT 9200: Self of the Therapist	4.5
13	CFT 9300: Spirituality and Psychotherapy	4.5
14	CFT 9400: Inner Child Therapy	4.5
15	CFT 9450: Carl Rogers Seminar	4.5
16	CFT 8000: Research Internship *Recommended for students planning to apply for a doctoral program	4.5