**Daybreak University**

**Research Plan 研究計畫**

**Name姓名 : Date 日期:**

Daybreak University takes research questions that arise from clinical settings (therapists’ experiences), and through academic research on those questions, pursues the “Scientist-Practitioner” education model which applies research results back to clinical settings, and the “Self of the Therapist.” That is, it aims toward an education paradigm that is based on Isomorphism.

Daybreak大學著眼臨床情境（諮商師的經驗）所衍生的研究問題，透過研究這些問題，我們致力於建立科學家- 實務工作者（Scientist-Practitioner）的教學模式，追求可應用於臨床工作的研究結果，並且深化「諮商師自我」（Self of the Therapist）方法的訓練。同時，呼應同構（Isomorphism）的理念。

In other words, the therapist deeply understands and perceives that the Self of the Therapist, that is him or herself (including marital relationship/ parent-child relationship/ unresolved issues with the family of origin), is interconnected with her counseling and research. Furthermore, she pursues the highest degree of expertise by simultaneously achieving her counseling and research at the same time as her own personal healing and growth.

藉由覺察諮商師的個人議題（self of the therapist），諮商師能深刻理解並認識到自己的「自我」（包含婚姻關係／親子關係／原生家庭裡待解決的問題），與其所進行的臨床諮商和研究緊密依存。除此之外，當諮商師強化自己在諮商與研究的專業時，也同步增進了自身的自我療癒與成長。

\*Please answer the following questions while considering the connection between the research topic, the therapist’s counseling (the therapist’s relationship with the client), and the therapist him or herself

**(3 pages, double spaced, 12 pts.)**

請根據您的研究專題、臨床經驗（諮商師與個案的關係）與個人生命經歷之間的關聯性，回答下列問題。中文書寫請使用2倍行距，字型大小設為 12pts，文長以三頁為限。

1. **In which research topic do you currently have the most interest? Please briefly describe your research plan.** (Ex: how the husband’s relationship with his mother affects his own marital relationship, how the parent’s marital relationship affects their daughter’s spouse selection, family, married couples, child upbringing, sex, addiction, suicide, childhood, adolescence, middle age, therapist development, etc.)

**您目前最感興趣的研究主題為？請簡要闡述您的研究計畫。**(例如：丈夫和其母親的關係如何影響他與配偶之間的婚姻關係；家長的婚姻關係如何影響女兒的配偶選擇；其他與家庭、已婚伴侶、親子教養、性、成癮、自殺、兒童、青少年、中年族群、諮商師自我成長...等相關的主題)

1. **Why did you become interested in this research topic?**

\*Please describe while considering your own issues, self-understanding, and growth as a therapist (Self of the Therapist).

**這個研究主題吸引您的原因為何？**

\*請在回答時，從諮商師的角度，將您自身的議題、自我理解與自我成長納入討論 。

1. **What is the current setting of your counseling? Who is the main subject of your counseling? Furthermore, who do you intend as the main subject of your counseling in the future?** (Ex: sexual assault perpetrators, newlyweds, married couples with one retired spouse, adult children of alcoholic families, etc.)

**您目前的諮商工作環境為何？誰是您提供諮商的主要對象？此外，您計畫將來的主要諮商對象是誰？**(例如：性暴力加害者、新婚配偶、退休伴侶、酒精成癮家庭的成年子女等)