



Ph.D. in Counseling

PhD in Counseling with a Specialization in Marriage and Family Therapy

Program Mission Statement

The mission of the Ph.D. Program in Counseling with a Specialization in Marriage and Family Therapy at Daybreak University is to develop scientist-practitioners in the field of couple, marriage, and family therapy. The doctoral program provides academic and clinical training for the purpose of developing scholars with the competence in systemic clinical work, supervision, teaching, and research.

Ph.D. Program Goal (PG)

When students complete the Doctoral degree in Counseling, they will have the ability to:

- PG1. The program will train students who demonstrate advanced and comprehensive knowledge of systems concepts and MFT theories and techniques.
- PG2. The program will train students who demonstrate an ability to conceptualize systemic thinking as applied in supervision, mentoring, and the isomorphic dynamics among different levels of the training system.
- PG3. The program will train students who demonstrate awareness and competence in culturally sensitive clinical work, supervision, teaching, and research.
- PG4. The program will train students who demonstrate applied knowledge of MFT legal and ethical guidelines and professional standards.
- PG5. The program will train students who demonstrate the ability to design, conduct, analyze, and identify clinical implications of systemic and relational research.

Student Learning Outcome (SLO)

- SL01. (Knowledge): Students will demonstrate competence in advanced MFT models and techniques.
- SL02. (Practice): Students will demonstrate the ability to integrate systems concepts

and MFT theories in their clinical work, supervision, teaching, and research.

SLO3. (Diversity): Students will demonstrate understanding of contextual factors and respect for diversity and inclusion in their clinical work, supervision, teaching, and research.

SLO4. (Ethics): Students will demonstrate competence in ethical and professional clinical work, supervision, teaching, and research.

SLO5. (Research): Students will conduct systemic and relational research that has clinical implications for marriage and family therapy.

Doctoral Program Requirements

1. A completion of all required coursework with a minimum grade point average (GPA) of 3.0.
2. Courses with B- or below grade needs to be retaken.
3. Total of 93 credits minimum
4. A satisfactory pass of comprehensive portfolio
5. A satisfactory completion of dissertation
6. A satisfactory pass of oral defense of a dissertation
7. A settlement of all financial obligations with the University
8. A satisfactory of Advanced Clinical Experience

Required Quarter Credits: 93	
(Equivalent to 62 Semester Credits)	
Course Titles	Credits
Prerequisite courses	
<i>Courses may be transferred from another graduate program once evaluated and accepted by the Program Director. Alternatively, courses can be taken from the MA Program concurrently prior to starting Practicum and Dissertation.</i>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6040: Group Therapy Process and Techniques	4.5
HST 6000: Human Sexuality Education I	4.5
Foundational Requirements: Coursework - <i>Courses and clinical requirements may be transferred from another graduate program once evaluated and accepted by the Program Director. Alternatively, courses can be taken from the MA Program concurrently prior to starting Practicum and Dissertation.</i>	
CFT 6090/8090: Human Growth and Family Development Across the LifeSpan	4.5

CFT 6700/8900: Abuse, Trauma, and Collaborative Care	4.5
CFT 6300/8300: Diversity and Multicultural Counseling	4.5
CFT 7000/9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 6500/8050: Chemical Dependency and Addiction Counseling	4.5
CFT 6030/8030: Couples Relationship Therapy	4.5
CFT 6600/8600: Law, Professional Ethics, and Community Practice & Teletherapy	4.5
CFT 6070/8070: Psychopharmacology	4.5
ACA 1: Advanced Research	
CFT 9000: PhD Research Methods I: Quantitative Research	4.5
CFT 9100: PhD Research Methods II: Qualitative Research	4.5
CFT 9200: PhD Research Publication Writing	4.5
ACA 2: Advanced Relational/Systemic Clinical Theory	
CFT 8700: Advanced Marriage and Family Therapy	4.5
ACA 3: Advanced Relational/Systemic Applications to Contemporary Challenges	
CFT 9750: MFT Professional Practice and Applications to Contemporary Challenges	4.5
ACA 4: Foundations of Relational/Systemic Teaching, Supervision, Consultation &/or Leadership	
CFT 9800: Fundamentals of Supervision (Supervisor Training)	4.5
CFT 9900: Fundamentals of Teaching and Professional Development Seminar	4.5
Advanced Practical Experience Component: <i>Must have at least 2 experiences for at least 9 months total</i>	
CFT 9600: Ph.D. Dissertation I	4.5
CFT 9600: Ph.D. Dissertation II	4.5
CFT 9600: Ph.D. Dissertation III	4.5
CFT 9600: Ph.D. Dissertation IV	4.5
CFT 9810: Supervision Practicum	4.5
CFT 9550: Teaching Practicum	3
Clinical Foundational Requirements	
<i>*Students who have not met the Foundational Clinical Component prior to entering the Ph.D. program must register for CFT 7900B continuously until the requirements have been met.</i>	
CFT 7900B: Practicum in Couples and Family Therapy	18 (4)
1. 300 Clinical hrs (100 hrs of Relational Cases) 2. 100 Supervision hours <ul style="list-style-type: none"> • 50 hours: Raw data at least (e.g., audio, video, etc.) • Group Supervision: Up to 8 people, Individual Supervision: Up to 2 people 	
Total Credits	93 (21)

PhD Degree Completion Timeline (4 years)

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 6090/8090: Human Growth and Family Development Across the LifeSpan CFT 6300/8300: Diversity and Multicultural Counseling	CFT 6600/8600: Law, Professional Ethics, and Community Practice & Teletherapy CFT 6070/8070: Psychopharmacology	CFT 8700: Advanced Marriage and Family Therapy CFT 6700/8900: Abuse, Trauma, and Collaborative Care	
Year 2	CFT 9000: PhD Research Methods I: Quantitative Research CFT 6500/8050: Chemical Dependency and Addiction Counseling	CFT 9100: PhD Research Methods II: Qualitative Research CFT 6030/8030: Couples Relationship Therapy	CFT 9200: PhD Research Publication Writing CFT 7000/9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	
Year 3	CFT 9900: Fundamentals of Teaching and Professional Development Seminar CFT 9750: MFT Professional Practice and Applications to Contemporary Challenges	CFT 9800: Fundamentals of Supervision (Supervisor Training) CFT 9550: Teaching Practicum	CFT 9810: Supervision Practicum CFT 9600: PhD Dissertation I	
Year 4	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	

PhD Degree Completion Timeline (7 years)

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 6090/8090: Human Growth and Family Development Across the LifeSpan	CFT 6300/8300: Diversity and Multicultural Counseling	CFT 6600/8600: Law, Professional Ethics, and Community Practice & Teletherapy	

Year 2	CFT 8700: Advanced Marriage and Family Therapy	CFT 6070/8070: Psychopharmacology	CFT 6700/8900: Abuse, Trauma, and Collaborative Care	
Year 3	CFT 6500/8050: Chemical Dependency and Addiction Counseling	CFT 6030/8030: Couples Relationship Therapy	CFT 7000/9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	
Year 4	CFT 9000: PhD Research Methods I: Quantitative Research	CFT 9100: PhD Research Methods II: Qualitative Research	CFT 9200: PhD Research Publication Writing	
Year 5	CFT 9750: MFT Professional Practice and Applications to Contemporary Challenges	CFT 9900: Fundamentals of Teaching and Professional Development Seminar	CFT 9550: Teaching Practicum	
Year 6	CFT 9800: Fundamentals of Supervision (Supervisor Training)	CFT 9810: Supervision Practicum	CFT 9600: PhD Dissertation I	
Year 7	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	